ICAN QURAN CIRCLE

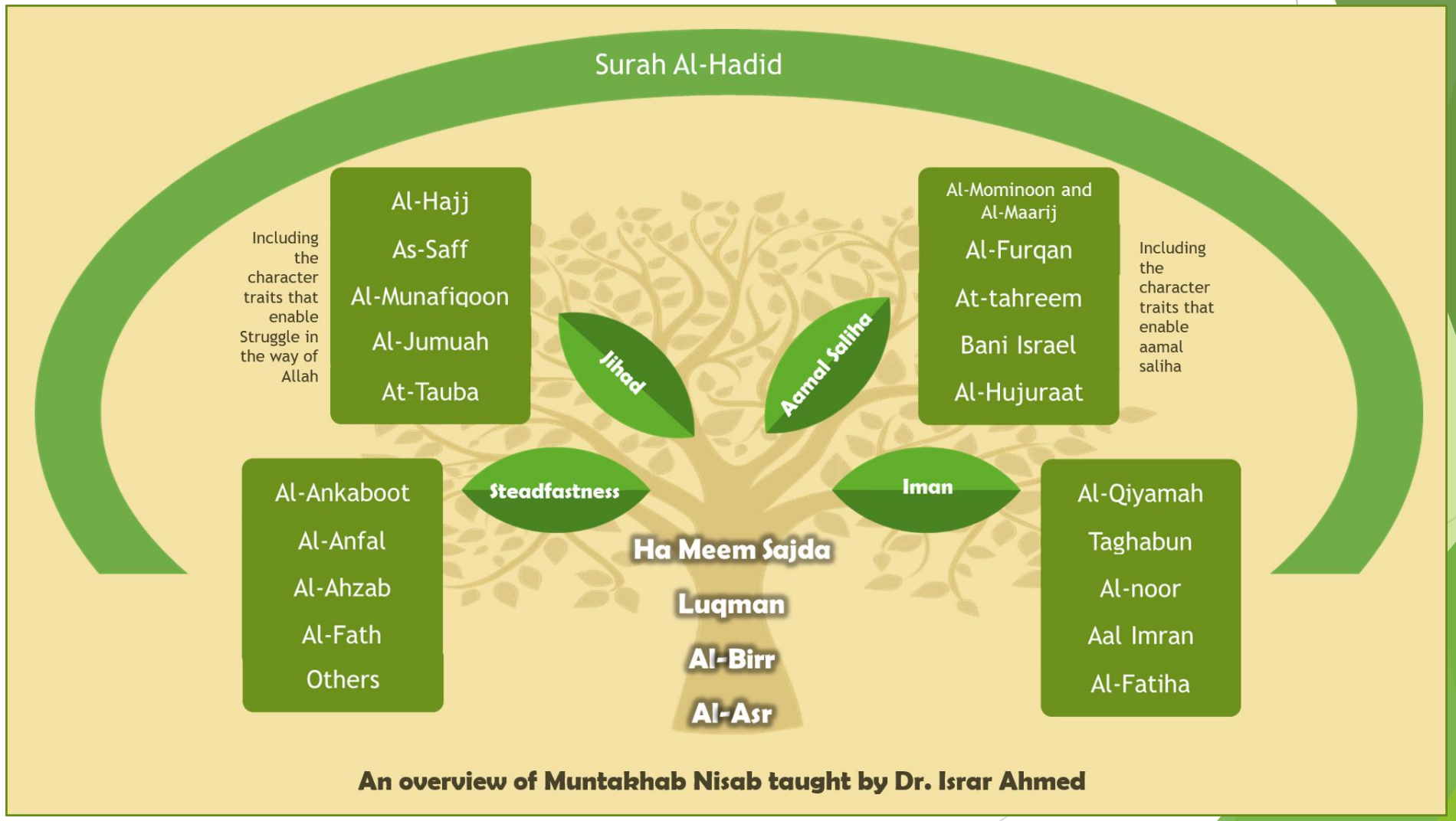
SURAH MOMINOON, AYAHS 1-11

Agenda

- Recitation and introduction to the topic
- Concept of Falah
- Six Essential qualities of believers
- Group activity – how can we implement the learnings in our personal life

CONTEXT

Context of today's lecture



What’s the difference between these?

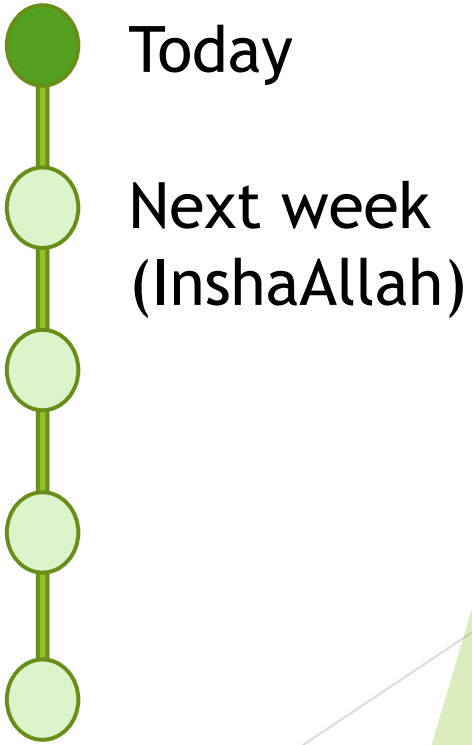
For a person who has nothing, the first objective is acquire a shelter and something on top of one’s head (i.e. a roof).

It gives protection; but it is not complete. There is more required to take it to the perfect form where all of one’s needs are met.

This beautiful house will still be at risk if it is made on a weak foundation or if it situated in a locality which is unsafe. Don’t overlook these 2 imp aspects too.

Where does the topic of this Surah fit in the bigger picture: Development of a Muslim's personality

- Individual qualities – bare minimum
- Individual qualities – expanded
- Family life
- Communal life
- Life as Ummah



From the perspective of purpose of life

- Life without a bigger purpose is full of stress
- If one knows what he is pursuing, all dots start to get connected

- This world is a place of exam.
- The last ayat of Surah Al-Hajj and this ayat explains to us our mission and the attributes that can help us in succeeding

- This is for our own benefit:
- ومن جاهد فانما يجاهد لنفسه

RECITATION
and Translation

Surah Mominoon verses 1-11

(Sheikh Ibrahim Al-Jibreen)

Surah Mominoon verses 1-11

بِسْمِ ٱللَّهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

قَدْ أَفْلَحَ ٱلْمُؤْمِنُونَ ﴿١﴾ ٱلَّذِينَ هُمْ فِى صَلَاتِهِمْ خَٰشِعُونَ ﴿٢﴾
وَٱلَّذِينَ هُمْ عَنِ ٱللَّغْوِ مُعْرِضُونَ ﴿٣﴾ وَٱلَّذِينَ هُمْ لِلزَّكَوٰةِ فَٰعِلُونَ
﴿٤﴾ وَٱلَّذِينَ هُمْ لِفُرُوجِهِمْ حَٰفِظُونَ ﴿٥﴾ إِلَّا عَلَىٰٓ أَزْوَٰجِهِمْ أَوْ
مَا مَلَكَتْ أَيْمَٰنُهُمْ فَإِنَّهُمْ غَيْرُ مَلُومِينَ ﴿٦﴾ فَمَنِ ٱبْتَغَىٰ وَرَآءَ ذَٰلِكَ
فَأُو۟لَٰٓئِكَ هُمُ ٱلْعَادُونَ ﴿٧﴾ وَٱلَّذِينَ هُمْ لِأَمَٰنَٰتِهِمْ وَعَهْدِهِمْ رَٰعُونَ
﴿٨﴾ وَٱلَّذِينَ هُمْ عَلَىٰ صَلَوَٰتِهِمْ يُحَافِظُونَ ﴿٩﴾ أُو۟لَٰٓئِكَ هُمُ ٱلْوَٰرِثُونَ
﴿١٠﴾ ٱلَّذِينَ يَرِثُونَ ٱلْفِرْدَوْسَ هُمْ فِيهَا خَٰلِدُونَ ﴿١١﴾

1. Successful indeed are the believers
2. Who are humble in their prayers,
3. Who avoid vain talk
4. And who are intent on inner purity / Who are active in deeds of charity
5. And who guard their modesty
6. Except with their spouses or those who are legally in their possession, for in that case they shall not be blamed
7. However those who seek to go beyond that are the ones who shall be the transgressors
8. And who are faithful to their trusts and to their pledges
9. And who are diligent about their Salah
10. These are the heirs
11. Who will inherit paradise; and live therein forever.

Period of revelation

Where was this revealed

- The middle period of dawah in Makkah
- Strong verbal opposition; however, the physical torture had not started at that stage
- This was the era to work on individual attributes:

آگ میں جل اور خاک میں مل

جب خشت بنے تو کام چلے

Nazm Al-Quran

Linkage with Surah Hajj (previous Surah)

Surah Hajj showed probability; Surah Mominoon started with surety

Work on your nurturing with individual attributes so that you become successful.

يَٰٓأَيُّهَا ٱلَّذِينَ ءَامَنُوا۟ ٱرْكَعُوا۟ وَٱسْجُدُوا۟ وَٱعْبُدُوا۟ رَبَّكُمْ وَٱفْعَلُوا۟ ٱلْخَيْرَ لَعَلَّكُمْ تُفْلِحُونَ ۩ ٧٧

O believers! Bow down, prostrate yourselves, worship your Lord, and do ˹what is˺ good so that you may be successful.

This preparation is for a bigger mission of struggle in the path and Shahadah Ala An-Naas. In this path, problems will come, face them by developing a friendship with Allah swt.

وَجَٰهِدُوا۟ فِى ٱللَّهِ حَقَّ جِهَادِهِۦ ۚ هُوَ ٱجْتَبَىٰكُمْ وَمَا جَعَلَ عَلَيْكُمْ فِى ٱلدِّينِ مِنْ حَرَجٍ ۚ مِّلَّةَ أَبِيكُمْ إِبْرَٰهِيمَ ۚ هُوَ سَمَّىٰكُمُ ٱلْمُسْلِمِينَ مِن قَبْلُ وَفِى هَٰذَا لِيَكُونَ ٱلرَّسُولُ شَهِيدًا عَلَيْكُمْ وَتَكُونُوا۟ شُهَدَآءَ عَلَى ٱلنَّاسِ ۚ فَأَقِيمُوا۟ ٱلصَّلَوٰةَ وَءَاتُوا۟ ٱلزَّكَوٰةَ وَٱعْتَصِمُوا۟ بِٱللَّهِ هُوَ مَوْلَىٰكُمْ ۖ فَنِعْمَ ٱلْمَوْلَىٰ وَنِعْمَ ٱلنَّصِيرُ ٧٨

Strive for ˹the cause of˺ Allah in the way He deserves, for ˹it is˺ He ˹Who˺ has chosen you, and laid upon you no hardship in the religion—the way of your forefather Abraham. ˹It is Allah˺ Who named you 'the ones who submit'[1] ˹in the˺ earlier ˹Scriptures˺ and in this ˹Quran˺, so that the Messenger may be a witness over you, and that you may be witnesses over humanity. So establish prayer, pay alms-tax, and hold fast to Allah. He ˹alone˺ is your Guardian. What an excellent Guardian, and what an excellent Helper!

Connection of the beginning of the Surah with the end

- وَمَن يَدۡعُ مَعَ ٱللَّهِ إِلَٰهًا ءَاخَرَ لَا بُرۡهَٰنَ لَهُۥ بِهِۦ فَإِنَّمَا حِسَابُهُۥ عِندَ رَبِّهِۦٓۚ إِنَّهُۥ لَا يُفۡلِحُ ٱلۡكَٰفِرُونَ
- وَقُل رَّبِّ ٱغۡفِرۡ وَٱرۡحَمۡ وَأَنتَ خَيۡرُ ٱلرَّٰحِمِينَ
- **Start with those who are successful and end with those who are not**

Focus of the Surah - Developing a character (and not just a short-term effort)

How often do we have to do all this?

- If a verb is used, it doesn’t show continuity: For example, there is a difference between ‘he lied’ and ‘he is a lier’. The second indicates persistence and continued practice on an act.

- It means that these ayat are for those who are steadfast on the attributes mentioned in these ayat or die in the state when they can be called as such.

- Examples of the words used:
- يُحَافِظُونَ, رَاعُونَ, الْعَادُونَ, حَافِظُونَ, فَاعِلُونَ, مُعْرِضُونَ

Is declaration of Iman sufficient for success:

- These ayat are all linked with each other (وَالَّذِينَ هُمْ) and accordingly explain that all these aspects are necessary for success
- It is about a life style that we have to adopt

Iman is the requirement for success

قَدْ أَفْلَحَ الْمُؤْمِنُونَ

- **What is ‘Falah’**
- Opposite of Falah - Khusran
- Success; bound with Rahmah; something long-lasting
- “To cut through something to get done what a person wants to do”
- The success or loss Islam talks about is not in this world but the next

فَلَّاحٌ

إِنَّ ٱلْحَدِيدَ بِٱلْحَدِيدِ يُفْلَحُ

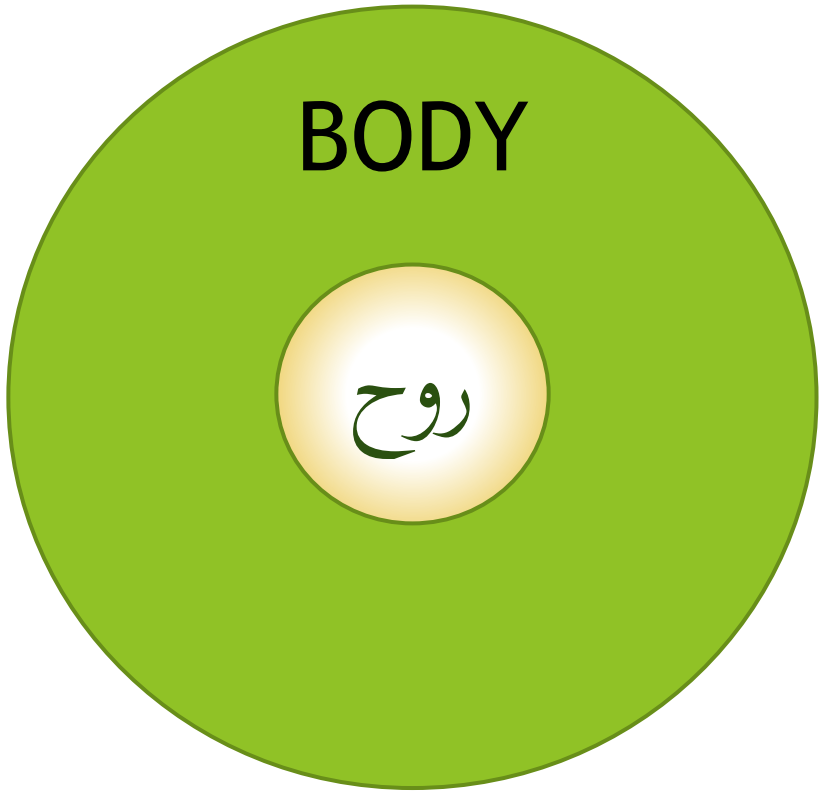
Whose success do we run after?

BODY

Origin:
Worldly matters

Needs:
Worldly things
Food, Bodily pleasures, rest

Will go back to:
Worldly matters



ROOH

Origin:
قُلِ الرُّوحُ مِنْ أَمْرِ رَبِّي

Needs:
What comes from Rabb (Divine guidance)

Will go back to:
The Creator

We have forgotten our soul!

وَلَا تَكُونُوا كَالَّذِينَ نَسُوا اللَّهَ فَأَنْسَاهُمْ أَنْفُسَهُمْ ۚ أُولَٰئِكَ هُمُ الْفَاسِقُونَ

Be not like those who forgot Allah, as a result Allah caused them to forget themselves, it is they who are the transgressors.

(Al-Hashr, 19)

Khushoo in Salah

الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ

In the Six qualities of believers mentioned here, prayer is first as well as the sixth!

Foundation stone of a Muslim’s being.

إِنَّ بَيْنَ الرَّجُلِ وَبَيْنَ الشِّرْكِ وَالْكُفْرِ تَرْكَ الصَّلَاةِ

(Ṣaḥīḥ Muslim 82)

What is Khushoo?

The word basically means to bend down. But it has 3 main connotations in Quran:

1. **Bending down with our body**

   وُجُوهٌ يَوْمَئِذٍ خَاشِعَةٌ (On that day, some faces will be downcast – Al-Ghashia:2)

2. **Bending down of our heart**

   أَلَمْ يَأْنِ لِلَّذِينَ آمَنُوا أَنْ تَخْشَعَ قُلُوبُهُمْ لِذِكْرِ اللَّهِ وَمَا نَزَلَ مِنَ الْحَقِّ

   (Has not the time arrived for the Believers that their hearts in all humility should engage in the remembrance of Allah and of the truth which has been revealed [to them)] – Al-Hadeed:16)

3. **Bending down with the whole self (body as well as heart)**

   وَإِنَّ مِنْ أَهْلِ الْكِتَابِ لَمَنْ يُؤْمِنُ بِاللَّهِ وَمَا أُنْزِلَ إِلَيْكُمْ وَمَا أُنْزِلَ إِلَيْهِمْ خَاشِعِينَ لِلَّهِ لَا يَشْتَرُونَ

   بِآيَاتِ اللَّهِ ثَمَنًا قَلِيلًا ۗ أُولَٰئِكَ لَهُمْ أَجْرُهُمْ عِنْدَ رَبِّهِمْ ۗ إِنَّ اللَّهَ سَرِيعُ الْحِسَابِ (Aal Imran:199)

What is Khushoo?

Based on these 3 meanings, this is what the khushoo in Salah means:

1. **Bending down with our body**

   Performing the wudhu and salah in the best of manner صَلُّوا كَمَا رَأَيْتُمُونِي أُصَلِّي.

2. **Bending down of our heart**

   Khushoo' in prayer happens when a person empties his heart for it (prayer), and focuses on it to the exlusion of all else, and prefers it to everything else. Only then does he find comfort and joy in it, as the Prophet (peace and blessings of Allaah be upon him) said: '… and my joy has been made in salaah.'" (Tafseer Ibn Katheer, 5/456)

   Offer each prayer as if it is your last prayer. Understand what you are reciting in prayer.

   الاحسانُ أن تَعبدَ اللهَ كأنَّكَ تَراهُ، فإن لَم تَكن تَراهُ فإنَّه يَراكَ

3. **Bending down with the whole self (body as well as heart)**

   Live your whole life as a Muslim!

Importance of understanding the inner dimensions of Salah

- As outlined by our great scholars including Imam Ghazali, Imam Ibn Al-Qayyim and others.
- Heart as well as brain is required to be involved in Salah.

- One should not be engaged in doing other things and thinking about other things:
- لَوْ خَشَعَ قلبُ هذا لَخَشَعَتْ جَوَارِحُهُ
- (Al-Imam Li Ibn Taymiyyah 177, Ihya Al-Uloom and so on - Not authentically proven as hadith, but is true in meaning)

Avoiding Laghw

وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ

Laghw means useless things – timekilling

As Muslims, do we have time to kill?

Laghw

- Anything that is not meaningless
- Do we have time to kill – we will have this feeling when we have a bigger objective in mind
- This realization is also dependant on the realization that the time is short

- If the well is being continuously polluted, it will never be purified.
- There are many things that are not haram but they damage our thought, our thinking and our life style, e.g. over indulgence in fashion, study of stocks, markets (حسرتوں کے بیگ)

Zakat and purification

وَالَّذِينَ هُمْ لِلزَّكَاةِ فَاعِلُونَ

Methods of Tazkiyyah

- Self-Assessment and accountability (Muhasibah)
- Seeking help from others when required (good company and suhbah of shuyukh)
- Plant new good habits
- Enhance existing good habits towards Ihsan
- Uproot the bad habits
- Protect your soul and character from what can damage it
- Ensure the conditions are conducive to growth of good habits (ahwal)
- Additional interventions (such as itikaaf) should be sought to foster growth

One of the essential nutrients

- Giving in the way of Allah swt

خُذْ مِنْ أَمْوَالِهِمْ صَدَقَةً تُطَهِّرُهُمْ وَتُزَكِّيهِمْ بِهَا

Take sadaqat from their wealth, so that they may thereby be cleansed and purified

Modesty

وَالَّذِينَ هُمْ لِفُرُوجِهِمْ حَافِظُونَ

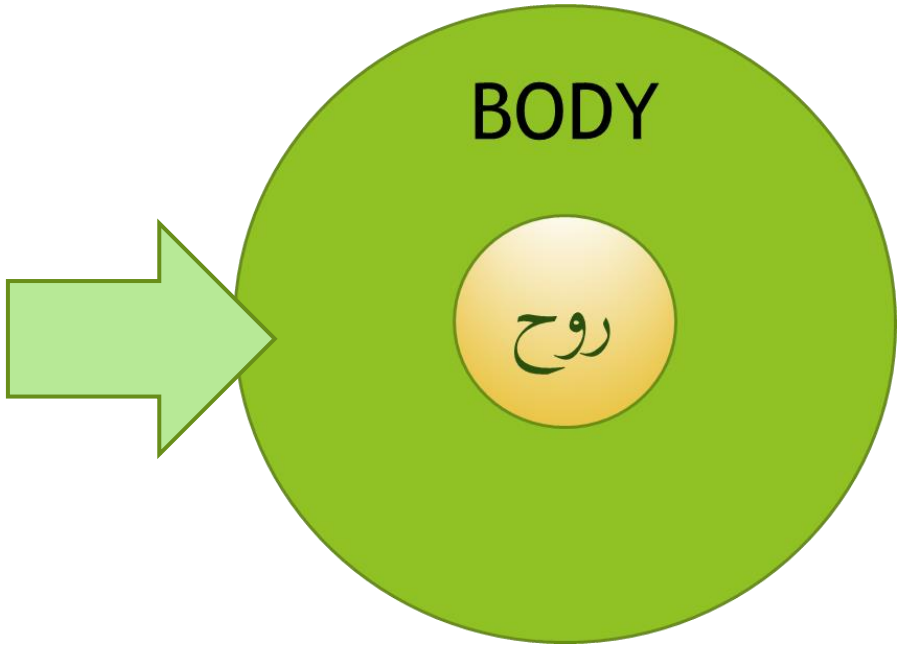
إِلَّا عَلَىٰ أَزْوَاجِهِمْ أَوْ مَا مَلَكَتْ أَيْمَانُهُمْ فَإِنَّهُمْ غَيْرُ مَلُومِينَ

فَمَنِ ابْتَغَىٰ وَرَاءَ ذَٰلِكَ فَأُولَٰئِكَ هُمُ الْعَادُونَ

Loves wealth

Loves bodily pleasures

Loves short-term things



Importance of protecting the glances

- كُلُّ الْحَوَادِثِ مَبْدَاهَا مِنَ النَّظَرِ
- وَ مُعْظَمُ النَّارِ مِنْ مُسْتَصْغَرِ الشَّرَرِ

- (Every incident starts with a glances – And the big fires start with a small flame)

- Bad things evolve – step by step – from something small to verse
- The importance of Sadd Ad-Diraya

وَلَا تَقْرَبُوا الزِّنَا ۖ إِنَّهُ كَانَ فَاحِشَةً وَسَاءَ سَبِيلًا

And **come not near** unto adultery. Lo! it is a shameful deed and an evil way. (Quran 17:32)

- **What is Zina?**

Seeking pleasure from other than one's wives

- **How can we not go near adultery?**

By a number of ways:

- Marrying when the legal age comes and a suitable match is available
- Fasting
- Lowering the gaze

فَمَنِ ابْتَغَىٰ وَرَاءَ ذَٰلِكَ

What is beyond that:

- **Relations outside of marriage**
- **LGBTI**

The flip side of this – leaving pleasures with the opposite gender altogether

لا رهنبانية فى الاسلام

Fulfilling the trust

وَالَّذِينَ هُمْ لِأَمَانَاتِهِمْ وَعَهْدِهِمْ رَاعُونَ

لَا اِيْمَانَ لِمَنْ لَا اَمَانَةَ لَهٗ وَ لَا دِيْنَ لِمَنْ لَا عَهْدَ لَهٗ (١)

THREE IMPORTANT AMANAHS AND AHDS:

1

2

MPL

3

وَلَا تَكْتُمُوا الشَّهَادَةَ ۚ وَمَنْ يَكْتُمْهَا فَإِنَّهُ آثِمٌ قَلْبُهُ

Do not conceal testimony, and whoever conceals it, his heart is surely sinful.
(Quran 2:283)

وَكَذَٰلِكَ جَعَلْنَاكُمْ أُمَّةً وَسَطًا لِتَكُونُوا شُهَدَاءَ عَلَى النَّاسِ
وَيَكُونَ الرَّسُولُ عَلَيْكُمْ شَهِيدًا

We have made you a moderate Ummah (nation) so that you may testify against mankind and that your own Rasool may testify against you.
(Quran 9:111)

إِنَّ اللَّهَ اشْتَرَىٰ مِنَ الْمُؤْمِنِينَ أَنْفُسَهُمْ وَأَمْوَالَهُمْ بِأَنَّ لَهُمُ الْجَنَّةَ

Indeed Allah has purchased from the believers their persons and their wealth and in return has promised them paradise
(Quran 9:111)

Guarding the prayers

وَالَّذِينَ هُمْ عَلَىٰ صَلَوَاتِهِمْ يُحَافِظُونَ

And who guard their prayers.

The first ayah was about the individual prayer.

This ayah is talking about multiple prayers – i.e. in all the prayers they practice that and their whole life revolves around the prayers.

What do guards do?

Long-term reward for a permanent character

أُولَٰئِكَ هُمُ الْوَارِثُونَ

الَّذِينَ يَرِثُونَ الْفِرْدَوْسَ هُمْ فِيهَا خَالِدُونَ

Firdaus: In around 20 languages, the word for paradise is closely related to this word.

GROUP ACTIVITY

- **GROUP 1:**

Task:

a) Your action plan for developing Khushu in Salah

a) Your action plan for guarding your salah

- **GROUP 2:**

Task:

Your action plan and suggestions regarding how to avoid laghw and utilize our time better

- **GROUP 3:**

Task:

a) Your action plan and suggestions regarding how to develop tazkiyyah

- **GROUP 4:**

Task:

How can we promote modesty among ourselves, our children and the broader society in Australia

- **GROUP 5:**

Task:

Your plan for Shahdah Ala An-Naas